

**!! ज्ञानदीप लावू जगी !!**

**Adishakti Dhandai Mata Shikshan Prasarak Sanstha's  
Late Annasaheb R. D. Deore Arts and Science College  
Mhasadi, Tal. Sakri, Dist. Dhule (MS)**

NAAC Accredited B Grade (CGPA 2.41)



**INSTITUTIONAL BEST PRACTICE**

**Stick Welding Training for Security with Women Empowerment**

**BEST PRACTICE - 2 REPORT**

**ACADEMIC YEAR: 2017-18 TO 2021-22**



Adishakti Dhandai Mata Shikshan Prasarak Sanstha's,  
**Late Annasaheb R. D. Deore**  
**Arts & Science College,**  
Mhasadi, Tal. Sakri, Dist. Dhule - 424 304



आदिशक्ती धनदाई माता शिक्षण प्रसारक संस्थेचे,  
**स्व. आण्णासाहेब आर. डी. देवरे**  
**कला व विज्ञान महाविद्यालय**  
म्हसदी, ता. साक्री, जि. धुळे - ४२४ ३०४

**Dr. Subhash Rupchand Patil**

Principal  
Mob. : 9420069808

**डॉ. सुभाष रुपचंद पाटील**

प्राचार्य  
मो. ९४२००६९८०८

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**7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual.**

## **BEST PRACTICE - 2**

**Title of the practice:** Stick Welding Training for security with women empowerment.

**Objective of the practice:**

- To create self-confidence among girl students in rural and hilly areas
- To impart self defence training to girl students in rural and hilly areas.
- Empowering women through stick welding training
- Eliminating gender discrimination through stick welding training

**Context:** The place of women in Indian society is vulnerable. Preparing women for self-reliance and self-protection is an important need. There are many incidents of harassment and abuse of women. Therefore, it is necessary to train women in self-defence. Women in rural areas especially need self-protection. In our college girl students come from rural and hilly areas. They are very shy and fearful. For safety and empowerment of women, they should be counselled. Women should be trained in self defence. The prime motto of the stick welding training is as follows:

- 1. Safety:** Empowering women to protect themselves from harassment and abuse is of primary importance to self-defence. Safety is the main objective.
- 2. Confidence:** The confidence to analyze dangerous situations and act effectively to overcome them is most important.
- 3. Empowerment:** Self-confidence empowers women to lead healthy and fulfilling lives by encouraging them to face stressful and dangerous situations independently.
- 4. Discipline:** Self-confidence and self-discipline help women become calm, understanding and flexible, in control of body and mind.



**5. Reduces Discrimination/Sexism:** Crimes against women can be curbed in a significant way when women are empowered to fight back against any discrimination and sexism.

**Practice:** The Sport Department of the college is organized Stick Welding Training for the girls and boy's students in the every academic year. Practice is conducted periodically in college campus. Using simple wood stick for training. Stick welding training was given in the college campus under the supervision and guidance of trained person and Director of the Sport Department of college. Following activities and programmes also run by college for the empowerment and security of the women.

1. Stick Welding Training for self defence.
2. College campus under CCTV for security.
3. Anti Ragging and Grievances Redressal Cell
4. Prevention of Sexual Harassment Cell
5. Yuvati Sabha – Women Personality Development
6. Celebrates International Women Day

**Evidence of Success:** All the events mentioned above in each academic year are successfully implemented. Due to these activities conducted by the college, the confidence of the girls in the rural and hilly areas is increasing. This is the major achievement of this initiative. In girls of rural and hilly area, security and confidence increased. This is the outcome of the success of these programmes. The record of the above said activities is maintained by the Department of Sport, Student Development Department regularly.

**Table - Evidence of Success**

Sr. No.	Academic Year	Activity	No. of Students Benefited
1	2017-18	Stick Welding Training for security with women empowerment	285
2	2018-19	Stick Welding Training for security with women empowerment	61
3	2019-20	Stick Welding Training for security with women empowerment	43
4	2021-22	Stick Welding Training for security with women empowerment	52



**Problem encountered and resources required:** Our institution comes under the rural and hilly area. The girls of rural and hilly area are very shy and timid in nature due to rural background. To overcome their shy and cowardice female faculty of our college counsels and interact with them. As a result of girl students would interact with them in all respects. In order to address the cross cutting issues of the society like gender, the said platform becomes successful in some extent.

**Outcome:** The girls students feel free and secure atmosphere in the college campus. Girls from rural and hilly areas are growing in confidence. Self-defence and self-confidence are increasing in girl students. This is the main outcome of these activities.

### PHOTOGRAPHS





**. Stick Welding Training under the Supervision and Guidance of Trained Person**





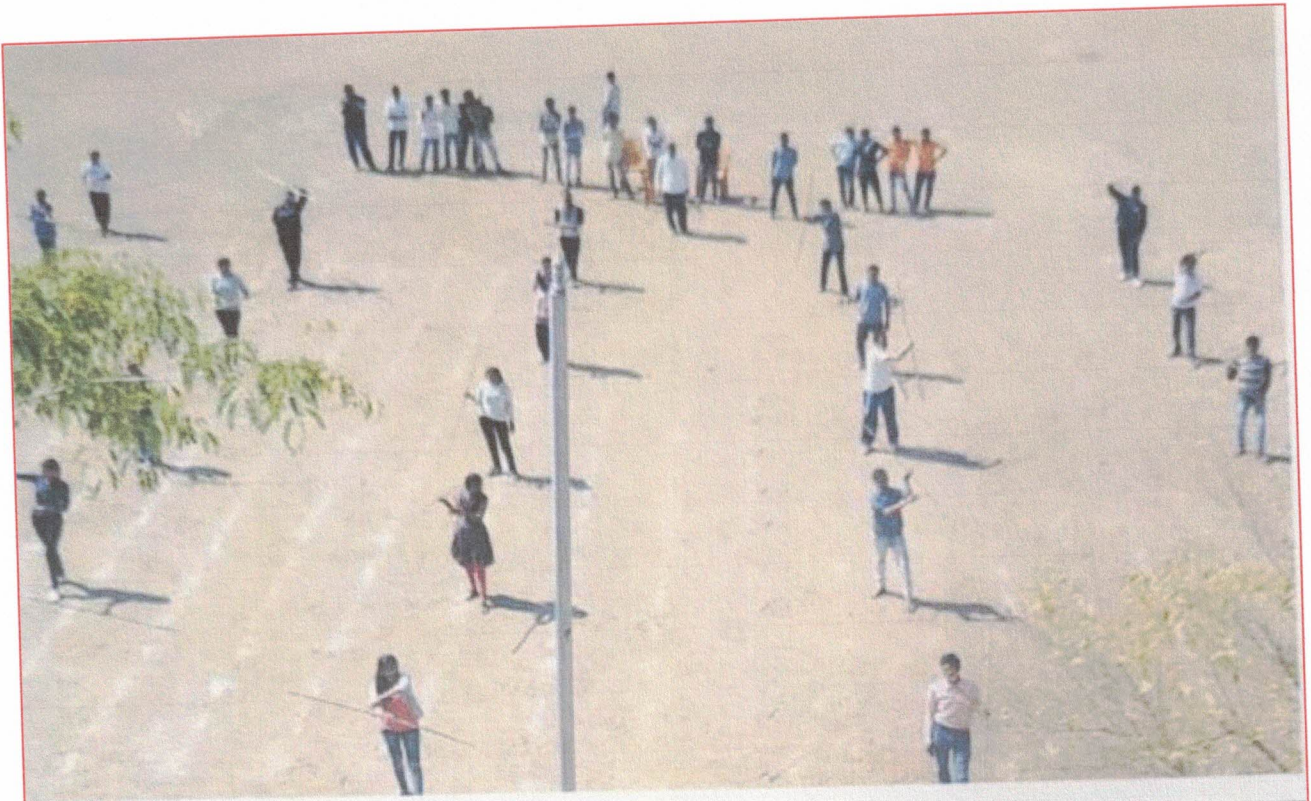
Stick Welding Training under the Supervision and Guidance of Trained Person



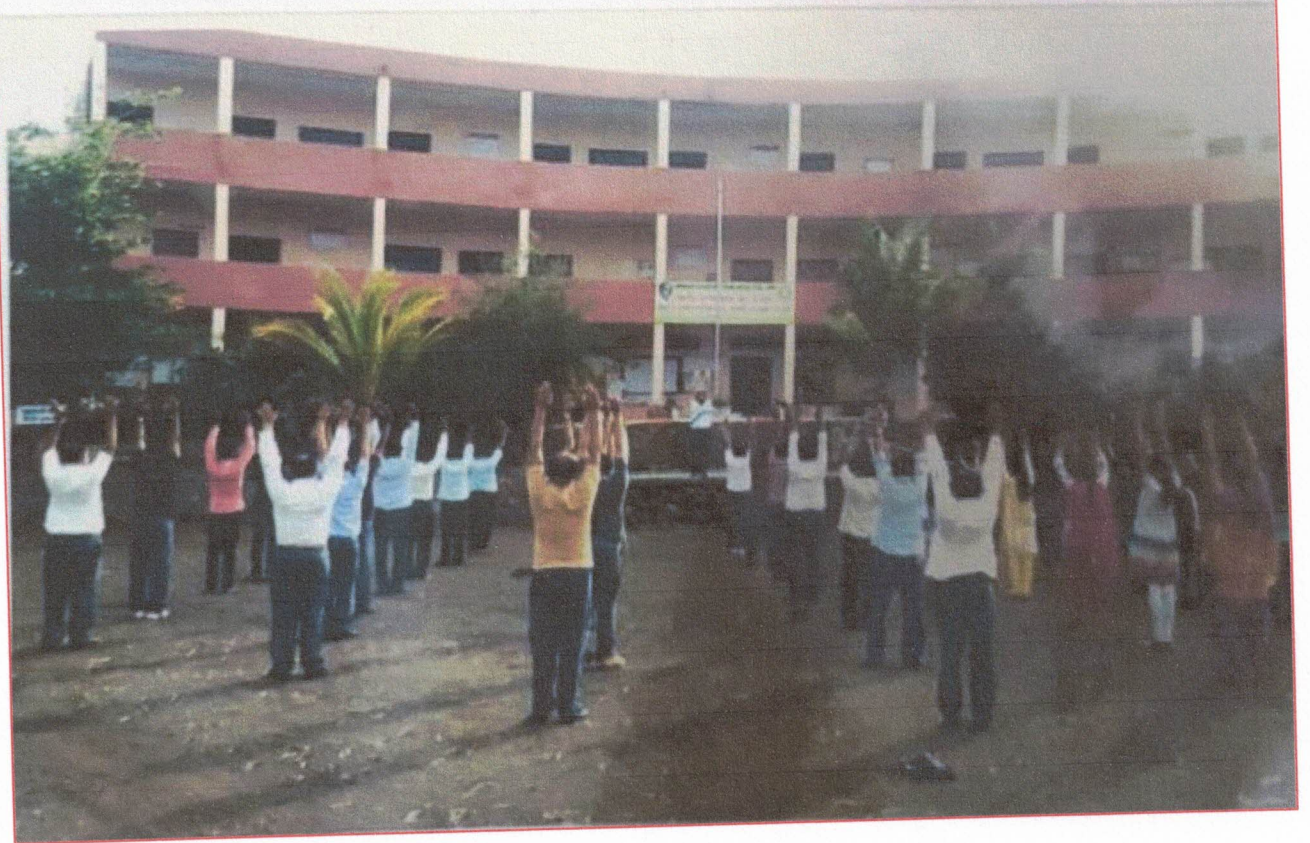


**Stick Welding Training under the Supervision and Guidance of Trained Person**





लाठी फिरकीना विद्यार्थी व स्टाॅफ





# स्वसंरक्षणासाठी सिद्ध व्हा

प्राचार्य पाटील : देवरे महाविद्यालयात लाठी प्रशिक्षण

सकाळ वृत्तसेवा

म्हसदी, ता. २३ : जीवनात कधीही बाका प्रसंग उभा राहू शकतो. यात स्वसंरक्षणासाठी आपण सिद्ध राहणे आवश्यक आहे. त्यासाठी लाठी प्रशिक्षण उपयोगी ठरू शकेल. अशा उपक्रमांत सहभागी व्हा, असे आवाहन प्राचार्य डॉ. एस. आर. पाटील यांनी केले.

येथील आर. डी. देवरे कला व विज्ञान महाविद्यालयात शिवजयंतीनिमित्त एकदिवसीय लाठी प्रशिक्षण कार्यशाळा झाली. तिचे प्राचार्य डॉ. पाटील यांच्या हस्ते शिवप्रतिमेच्या पूजनाने उद्घाटन झाले, त्यावेळी ते बोलत होते. प्रारंभी शहीद जवानांना श्रद्धांजली वाहण्यात आली. कार्यशाळेत कुसुंबा, दहिबेल, निजामपूर, साक्री व येथील महाविद्यालयातील ११० विद्यार्थ्यांनी सहभाग घेतला. धरणगाव येथील राजपूत व बाहुबळी व्यायामशाळेचे प्रशिक्षक जगदीशसिंह चव्हाण,



म्हसदी : आर. डी. देवरे महाविद्यालयात लाठी प्रशिक्षण कार्यशाळेचे उद्घाटन करताना प्राचार्य डॉ. एस. आर. पाटील. शेजारी प्रा. जगदीश तोरवणे व लाठी प्रशिक्षक.

(छायाचित्र : दगाजी देवरे)

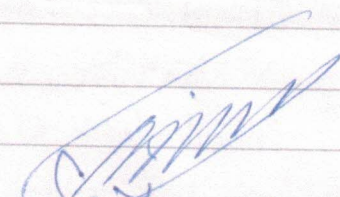
अजयसिंह रजपूत, प्रफुल्ल जैन आदींनी जंघांल, सरवार, गुडघेवार, सिंगल गोठाई, डबल जळती गोठाडी, जळता चक्र जळती गोठाडी आदी प्रकारांचे प्रशिक्षण दिले. सहभागी विद्यार्थ्यांना माणपत्र देण्यात आले.

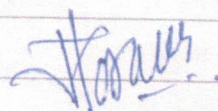
क्रीडा संचालक प्रा. जगदीश तोरवणे यांनी सूत्रसंचालन केले. प्रा. बी. एन. काकडे, उपप्राचार्य डॉ. शिवाजी पाटील, प्रा. उमेश गवई, प्रा. दीपाली सोनवणे, घनश्याम देवरे, रामदास शेवाळे आदींनी संयोजन केले.



आदिशकी - धनदाई माता शिक्षण प्रत्येक संस्था,  
स्व. आण्णासाहेब आर. डी. देवरे कुल व विज्ञान महाविद्यालय,  
महसरी, ता. साकी जि. धुळे.

आमच्या आदिशकी - धनदाई माता शिक्षण प्रत्येक संस्थेचे स्व. आण्णासाहेब आर. डी. देवरे कुल व विज्ञान महाविद्यालय, महसरी, ता. साकी येथे सन 2090-2095 पासून सर्व विद्यार्थ्यांना विशेषकरून मुलींना Self power - केंद्राचे सधे मिळवे व स्वतःचे संरक्षण करू शकत व लेही फक्त लाठी उपलब्ध असली लेव्हा म्हणून महाविद्यालयाच्या सहाय्य डॉ. एस. आर. पाटील व मी सर्व विद्यार्थ्यांना लाठी प्रेम फिरेविला येणे आवश्यक आहे त्यांचे प्रशिक्षण देणे म्हणून आता काळजी गरज आहे त्या इच्छास होणे यांसाठी शिकवण्याची विधि दि. 09 फेब्रुवारी 2095 पासून लाठी प्रशिक्षण देणाय व प्रत्येक शाळा, डाक्टर, पोलिसांचे, वॉलंटियर, workshop व एकरिवेशनीय कार्यक्रम संपूर्ण कु. व. चांदर, डॅक्टर महाराज विद्यापीठ जगन्नाथ कौंगल कार्यालयीन कक्षा सार कायशाळेस आदेशित चांगला प्रतिसाद मिळाला व उपलब्धपाय 250 विद्यार्थ्या - विद्यार्थ्यांनी, व संपूर्ण शिक्षक - शिक्षकेतर कर्मचारी यांनी सहभाग नोंदवला त्यासाठी ध्यास करून धरणागाव येथून व प्रशिक्षक देखील उपलब्ध झाले, त्यांना एकरिवेशनीय लाठी प्रशिक्षणात प्रशिक्षण देऊन ल सर्व विद्यार्थ्यांकडून करून घेतले, ज्या पध्दतीत एकरिवेशनीय लाठी प्रशिक्षण कायशाळा संपन्न झाली.

  
सहाय्य डॉ. एस. आर. पाटील,  
Principal

  
शा. जगन्नाथ पाटील ता. साकी  
शारीरिक शिक्षण सहाय्यक

# STICK WELDING - 201

No.	Name of the participant	Signature	Date
1	Patil Dipmala Shamrao		19/2/20
2	Bhamre pranali Sunil		19/2/20
3	Kapadni Vaishnavi Rohidas		19/2/20
4	More Bhushan gokad		19/2/20
5	Bachhav Saurav ashok		19/2/20
6	Pinjari khushbu dadabhi		19/2/20
7	Salunkhe Dipak shantaram		19/2/20
8	Salunkhe Akshay murliidhar		19/2/20
9	Sonwane Anil Digambar		19/2/20
10	Thakre shravni Shivaji		19/2/20
11	Deore priyanka Anil		19/2/20
12	Gavde Nikita rajendra		19/2/20
13	Buryavnshi Bhagyashri dasharath		19/2/20
14	Deore Akshata nimbaji		19/2/20
15	Desle pallavi uttam		19/2/20
16	Chavhan Nikita Kailas		19/2/20
17	Shital keval shinde		19/2/20
18	Bhagyashri Baskar shinde		19/2/20
19	Arakta Pratiksha Subhash Deore		19/2/20
20	Deore mayuri bhanudas		19/2/20
21	Deore vaishali vijay		19/2/20
22	Bhamre Bharna ramdas		19/2/20
23	Mahule yogita sunjay		19/2/20
24	Deore damini Bhatu		19/2/20
25	Sonawane Shradhanjali vilas		19/2/20
26	Desale Nituya Hansraj		19/2/20
27	Jagtap Sakshi Mohan		19/2/20
28	Kori Pratiksha Sakshi		19/2/20
29	Desale Maheshvari Rambhau		19/2/20
30	Bhadane Nilima chatur		19/2/20
31	Kali Anurag		19/2/20

	Name of student	Seg	⊙
34)	Kharanda manisha Khandu	<del>MKB</del>	19-
35)	shinde Bhavana dipak	<del>Bhadal</del>	19-
36)	shinde Pallavi narendra	<del>shinde</del>	19-
37)	Bhamare Jayashri udaram	<del>Bhamare</del>	19
38)	Kapadni's Trupti Devidas	<del>Devi</del>	19
39)	Mali komal Rajendra	<del>Konai</del>	19
40)	Mali Roshani Sanjay	<del>Bmali</del>	-
41)	shinde chetana vittal	<del>Chinde</del>	-
42)	Govale Shweta Sanjay	<del>S.S. Govale</del>	-
43)	Jagtap Laxmi Mohan	<del>L.M. Jagtap</del>	-
44)	Deore chetana Arun	<del>Deore</del>	-
45)	Bachhav Nikite Ashok	<del>NAB</del>	-
46)	Goykate Suresh Jagam	<del>JG</del>	-
47)	Erwate Sachin Bhatu	<del>S. Erwate</del>	-
48)	Wese Bhatu Vittal	<del>Wese</del>	-
49)	Logesh Subhash malin	<del>Logesh</del>	-
50)	Ashwini Nimba Patil.	<del>Patil</del>	-
51)	Pinjari Alresh Nabab	<del>Pinjari</del>	-
52)	Malich Ravikiran Dhudky	<del>Malich</del>	-
53)	Vende Pravin Kashinath	<del>Vende</del>	-
54)	Sakase Lalit Sanjay	<del>S.S. Sakase</del>	-
55)	Thakare Ravindra machhindra	<del>Thakare</del>	-
56)	Mannar Nikhil Juvraj	<del>M.T.M</del>	-
57)	Jadhav Kunal Rajendra	<del>KJadhav</del>	-
58)	powar Nitin Ramesh	<del>Powar</del>	-
59)	Mali Ganesha Santosh	<del>Mali</del>	-
60)	Karande Parmit Kalu	<del>P.K. Karande</del>	-
61)	Karande Dhanraj Subhash	<del>D.S. Karande</del>	-

Principal  
A.D.M.S.P. Santha's  
Late Anandhar R.D. Deore  
Arts & Science College  
Tal. Rakri Dist. Dhule

2019-20

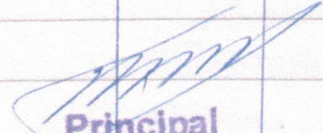
	Name of students	class	Date	sign
1)	Desale Maheshwar Rambhau	S.T.O.A	13/1/20	
2)	Nere Kalpeesh Balu	—w	13/1/20	
3)	Lad Rohit Santosh	—w	13/1/20	
4)	Wagh Sagar Rameshwar	—w	13/1/20	
5)	Deore Damini Bhatu	—w	13/1/20	
6)	Bhamare Deepali Kantilal	—w	13/1/20	
7)	Bhadane Nilima chatur	—w	13/1/20	
8)	Jagtap Sakshi Mohan	—w	13/1/20	

Principal  
A.D.M.S.P. Students  
Late Anandesh R.D. Dorn  
Arts & Sci. College  
Waranabadi, Tal. Sakri, Dist. Solapur







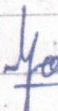








1)	Deore priyanka Anil	S.T.O.A	16/1/20	
2)	Deore vaishali vijay	—w	16/1/20	
3)	Desale pallavi Uttam	—w	16/1/20	
4)	Deore Akshada Nimbaji	—w	16/1/20	
5)	Bhamare Bhawana R.	—w	16/1/20	
6)	Deore Gayatri Rajendra	—w	16/1/20	
7)	Torawane monal Jagadish	—w	16/1/20	
8)	Gawate Nilkita Rajendra	—w	16/1/20	
9)	Deore vaishali vijay	—w	16/1/20	
10)	Sakre Lalit sanjay	—w	16/1/20	
11)	patil Anit Jagadish	—w	16/1/20	
12)	Bodre Gaurav Chandrabas	—w	16/1/20	

Principal  
A.D.M.S.P.

Sr. No.	Name of the participant	Class	Date
1)	Patil Kishor Bhaerat	S.T.B.8c	19/1/20
2)	Mahar Nikhil Yuwoj	---	19/1/20
3)	Bhadane. Santosh K.	---	19/1/20
4)	Bhadane Niraj K.	---	19/1/20
5)	Nere Nitesh Jaywant	---	19/1/20
6)	Deore Arata Subhash	---	19/1/20
7)	Chavhan Nikita Kailash	---	19/1/20
8)	Shinde Chetana Vitthal	---	19/1/20



**Principal**  
A.D.M.S.P. Sanstha's  
Late Annasaheb R.D. Deore  
Arts & Science College,  
Mhasadi, Tal. Sakri, Dist. Dhule.

Sr No	Name of the participant	Name of the college	Signature
1	Borse Ujwal Jagdish	V.V. Patil collage Sakri	
2	Borse Ganesh Suresh sonawane Dhanshri	—————	
3	sonawane Dhanshri Pradip	—————	
4	Nere chetana Sanjay	—————	
5	Ajige Dhanraj Sanjay	—————	
6	Borse Kalpesh Sudhakar	—————	
7	Jadhav Gayatri Yogendra	—————	
8	Torwone Rajeshri Sahelram	—————	
9	Patil Supriya Suresh	—————	
10	Bhadane Rita Alkesh	—————	
11	Savale Yashraj Anil	—————	
12	Nandru Dipak Jaywant	—————	
13	Thakare Prihi Bhaskar	—————	
14	Bhamre Harshal Jitidhar	—————	
15	Dhangar Dipak Kanhiyalal	—————	
16			

2021-22

Students Name	Class	Date	SI
Sonawane Sachin Sanjay		11/08/21	[Signature]
Karande Dhyanesha Nandee		11/08/21	[Signature]
Nere Rohit Valant		11/08/21	[Signature]
Bhamare mekesh Aaba		11/08/21	[Signature]
Wagh Uishal Jotiram		11/08/21	[Signature]
Deore Yogesh gulab		11/08/21	[Signature]
Lad Devendra Ramesh		21/08/21	[Signature]
Deore Viky Bhaad		21/08/21	[Signature]
Pawar Shubham Ravindra		21/08/21	[Signature]
Bhadane Ayush Kishor		21/08/21	[Signature]
Uispute Rushikesh Nitish		-/-	[Signature]
Bedse Raj Dadaji		-/-	[Signature]
Bhamare karan surendra		-/-	[Signature]
Mansuri Abhij Sattar		-/-	[Signature]
Patil Hitesh Bhausaheb		-/-	[Signature]
Shinde Bhavesh Pralhad		-/-	[Signature]
Nere Sumit Rajendra		-/-	[Signature]
Nere Thehar Sanjay		-/-	[Signature]
Desale Raj Sunil		-/-	[Signature]
Patil Dipak Mahan		-/-	[Signature]
More Raj Basku		-/-	[Signature]

Principal  
 A.D.M.S.P.Sanstha's  
 Late Annasaheb R.D.Deore  
 Arts & Science College,  
 Mhasadi, Tal. Sakri, Dist. Dhule.

2

~~Prasad Jyoti At...~~  
 Kumar Karan Nitesh  
 Jaydip Parnesh Deore

07/8/21  
 07/8/21  
 07/8/21



Students Name	Class	Date	Sign.
Charushila Deore	S.Y. BSC.	15/8/21	<del>Om</del>
Unnati Deore		—	<del>Unnati</del>
Pranjali Deore	S.Y. BSC	—	P.D. Deore
Tanushri Deore		—	(T) Deore
Rejastri Deore		—	R. Deore
Ravina Bedase		—	(B) Bedase
Tejaswini Nere	S.Y. BSC	—	Tejaswini
Pallavi Bedase	S.Y. BSC	—	Pallavi
Yogeshwari Nerkar		—	Yogeshwari
Sonalika Dabade	S.Y. BSC	—	Sonalika
Divya Suryawanshi	S.Y. BSC	—	Divya
Dipali Rajput		—	Dipali
Pragati Bedse		16/8/21	P.S. Bedse
Lina Kakoste	S.Y. BSC	—	Lina
Jayshri Deore	S.Y. BSC	—	Jayshri
Darshana Nere	S.Y. BSC	—	Darshana
Deore Namadini	S.Y. BSC	—	Namadini
Mohite Ravina	S.Y. BSC	—	Mohite
Ahise Ashwini	S.Y. BSC	—	Ahise
Alfya Shah	F.Y. BA	—	Alfya S
Komal Sunil Deore	F.Y. BA	—	K.S. Deore
Sayali Patil	Principal F.Y. BSC	3/08/22	Sayali
Kalyani Khairnar	A.D.M.S.P. Sanstha's Kannasaheb R.D. Deore	3/08/22	K.P.
Disha Deore	Arts & Science College, Mhasadi, Tal. Sakri, Dist. Dhule	3/08/22	Disha
Pallavi Nere		3/08/22	Pallavi
Shinde Damini	F.Y. BSC	3/08/22	Shinde
Shinde Harshada Vijay	F.Y. BSC	4/08/22	Shinde
Rohini Dipak Deore	F.Y. BSC	4/08/22	Rohini
Shivani Kiran Wagh	F.Y. BSC	4/08/22	Shivani
Vaishnavi Santosh Borse	F.Y. BSC	4/08/22	Vaishnavi
Mh...			

Students Name	Class	Date	Sign.
Charushila Deore	S.Y. BSC	15/8/21	<del>Om Deore</del>
Unnati Deore		— " —	<del>Unnati</del>
Pranjali Deore	S.Y. BSC	— " —	P. D. Deore
Tanushri Deore		— " —	(N) Deore
Ranjastri Deore		— " —	A. Deore
Ravina Bedase		— " —	(B) Bedase
Tejaswininere	S.Y. BSC	— " —	Free
Pallavi Bedase	S.Y. BSC	— " —	(P) Bedase
yogeshwari nerkar		— " —	<del>Om</del>
sonala Dabade	S.Y. BSC	— " —	<del>Sonala</del>
Divya Suryawanshi	S.Y. BSC	— " —	<del>Divya</del>
Dipati Rajput		— " —	<del>Dipati</del>
Pragati Bedse		16/8/21	P.S. Bedse
Lina Kakoste	S.Y. BSC	— " —	<del>Lina</del>
Jayshri Deore	S.Y. BSC	— " —	<del>Jayshri</del>
Darshana Nere	S.Y. BSC	— " —	<del>Darshana</del>
Devi Namadini	S.Y. BSC	— " —	<del>Devi</del>
Mohite Roshina	S.Y. BSC	— " —	(M) Mohite
Abise Ashwini	S.Y. BSC	— " —	<del>Abise</del>
Alfiya Shah	F.Y. DA	— " —	ALFIYA S. SHAH
Komal Sunil Deore	F.Y. BA	— " —	(K) S. Deore
Sayali Patil	Principal F.Y. BSC	3/08/22	Sayali
Katayani Khairnar	Annasaheb R.D. Deore	3/08/22	K.P.
Disha Deore	Arts & Science College,	3/08/22	<del>Disha</del>
Pallavi Nere	Wahasadi, Tal. Sakri, Dist. Dhule	3/08/22	(P) Nere
Shinde Damini	F.Y. BSC	3/08/22	<del>Shinde</del>
Shinde Harshada Vijay	F.Y. BSC	4/08/22	Shinde
Rohini Dipak Deore	F.Y. BSC	4/08/22	<del>Rohini</del>
Shivani Kiran Wagh	F.Y. BSC	4/08/22	(S) Wagh
Vaishnavi Santosh Borse	F.Y. BSC	4/08/22	<del>Vaishnavi</del>
Dhanashri Samant Ankur	F.Y. BSC	4/08/22	<del>Dhanashri</del>